

| <b>Monday</b>       | <b>Tuesday</b>      | <b>Wednesday</b>            | <b>Thursday</b>                       | <b>Friday</b> | <b>Saturday</b>                            | <b>Sunday</b>             |
|---------------------|---------------------|-----------------------------|---------------------------------------|---------------|--|---------------------------|
|                     |                     |                             |                                       |               |  |                           |
| <i>Produce</i>      |                     | <i>Breads &amp; Cereals</i> |                                       | <i>Meats</i>  | <i>Baking Goods,<br/>Oils &amp; Spices</i> | <i>Cheese &amp; Dairy</i> |
|                     |                     |                             |                                       |               |  |                           |
| <i>Frozen Foods</i> | <i>Canned Foods</i> | <i>Snacks</i>               | <i>Nuts, Seeds, &amp;<br/>Legumes</i> | <i>Other</i>  |  |                           |
|                     |                     |                             |                                       |               |  |                           |